



## Preciosa Paucar

Secretary for the Latinx Undergraduate Medical Association at The University of Michigan

# LUMA x CAPS Event

We partnered with CAPS (Counseling and Psychological Services) at The University of Michigan to learn more about mental health as well as the stigma that surrounds mental disorders. With this event, 2 Latine counselors from CAPS we were able to provide resources for students in the Latine community as well as allow individuals to ask questions. We created a safe space for those present to share vulnerable information and how being a Latine at a PWI can affect everyone. We hosted this event at the Med Science II Building and had maximum attendance of 15 students.

